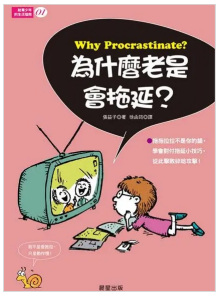
Library Collection (Junior Secondary Section)

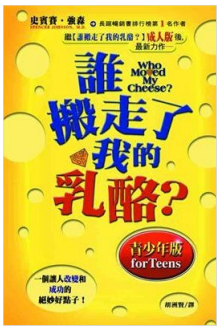


《給青少年的生活指南 01：為什麼老是會拖延?》

作者： 張益子

索書號： 155.232 ZHA

本書以輕鬆詼諧的方式與你分享：為什麼青少年會有這些行為，以及我們該如何變得更好。當你開始閱讀這鼓舞人心的指南，你就開始了成功之旅！

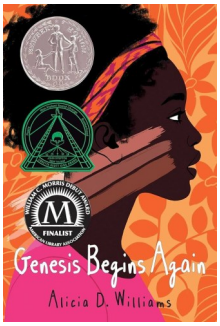


《誰搬走了我的乳酪？》

作者： 史賓賽・強森

索書號： 155.24 JOH

小老鼠和矮人們找到了乳酪。但突然有一天，乳酪不見了！他們怨天尤人，分析著乳酪為何會消失，他們無法面對這個變化！直到其中一位克服了恐懼，重新回到迷宮中找尋乳酪，而在這過程中，小矮人有了許多的醒悟.....

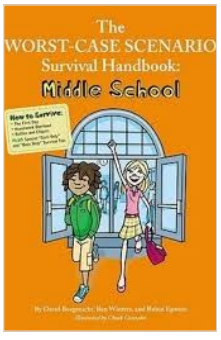


Genesis Begins Again

Author: Alicia D. Williams

Call number: JF WIL

Thirteen-year-old Genesis tries again and again to lighten her black skin, thinking it is the root of her family's troubles, before discovering reasons to love herself as is.



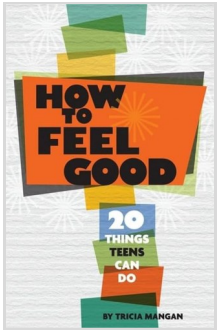
The Worst-Case Scenario Survival Handbook : Middle School

Author: David Borgenicht ... [et al.].

Call number: 155.5 BOR

This book provides kid-friendly, hands-on, step-by-step instructions for outwitting a nosy sibling, surviving a school dance, cleaning your room in a snap, dealing with an irritated parent (recognizing the tell-tale signs!), and more.

.



How to Feel Good : 20 Things Teens Can Do

Author: Tricia Mangan

Call number: 302.235 MAN

Provides twenty mind-healthy skills for teenagers, with tips on self-awareness, and how to teach yourself to stay calm and self-confident.