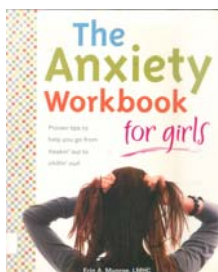




Library Collection (Secondary Section)

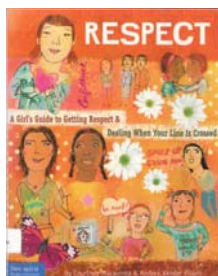


The Anxiety Workbook for Girls : Proven Tips to Help You Go From Freakin' Out to Chillin' Out!

Author: Erina A. Munroe

Call number: 155.5 MUN

A workbook designed to help girls understand what anxiety is and why it happens, address specific causes of anxiety, such as peer pressure, body image, parents, and school, and learn techniques for keeping calm.

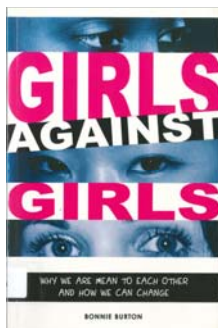


Respect : a Girl's Guide to Getting Respect and Dealing When Your Line is Crossed

Author: Courtney Macavinta

Call number: 158.108 MAC

Offers girls advice on how they can get respect and keep it in every aspect of life, with tips for setting boundaries, valuing originality, speaking up when the line is crossed, solving disrespect dilemmas, finding help, and more.

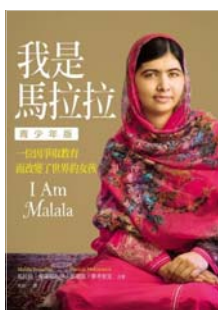


Girls Against Girls: Why We Are Mean to Each Other and How We Can Change

Author: Bonnie Burton

Call number: 303.6 BUR

This book is a must-read for today's strong, smart, and capable generation of young women. Now, young women need to stand together and not tear each other down, and this book provides guidance on how to break the cycle.



《我是馬拉拉：一位因爭取教育而改變了世界的女孩》

作者：馬拉拉·優薩福扎伊

索書號：923.7 YOU

17歲的馬拉拉成了為全球兒童爭取受教權的象徵，她連續兩年是諾貝爾和平獎創設以來最年輕的候選人。她是如何積極地想要改變這世界？



《一個阿富汗女孩的故事之戰火下的小花》

作者：黛伯拉·艾里斯

索書號：JF ELL

11歲的帕瓦娜，父母上過大學，他們孩子都有受教育。塔利班政權下，父親被士兵帶走，母親往監獄求釋放父親卻遭毒打。生活的壓力與現實震撼，強迫帕瓦娜必須快速脫離原先應是夢幻般美好的青少年階段，全力擔起一家之主的重擔。